



FEBRUARY 24 - MARCH 9, 2018 #5

## GCA COMMUNITY MEETING

It's time for the Glencroft Community Association (GCA) Community Meeting on **Monday, March 5<sup>th</sup>**, at **3:30pm** in the **Auditorium**. All residents are welcomed and encouraged to attend.

## COLORING CONTEST

You have until **February 28<sup>th</sup>** to get your coloring page to the **Thrift Shop** in the **Villa Ponderosa**. First and second place winners will be announced.

## SPIRITUAL LIFE

### 2ND SUNDAY

On **Sunday, March 11<sup>th</sup>**, at **5:00pm** Chosen People Ministries will be presenting, *The Messiah in the Passover* in the **Auditorium**. There is limited seating; RSVP to the Spiritual Life office at 623.847.3066.

### WOMEN'S BIBLE STUDY

A six-session DVD **Women's Bible Study** is starting on **Thursday, March 1<sup>st</sup>**, **9:30-11:00am** in the **Grand Canyon Room**. The study is *In the Middle of the Mess* by Sheila Walsh. Call the Spiritual Life office, 623.847.3066, to register.

### GRIEF SHARE

A new *GriefShare* group is starting on **Wednesday, March 7<sup>th</sup>** at **2:00pm**, in the **Crossings Lounge**. Call the Spiritual Life office, 623.847.3066, to register.

## RESIDENT SERVICES

### DISPATCH HEALTH

*Dispatch Health* is a medical mobile team equipped to treat minor to severe injuries and illnesses in your home. They will be on campus **Wednesday, February 28<sup>th</sup>** at **10:00am** in the **Auditorium** for a Question and Answer session, to discuss services, as well as what insurances they accept. Please RSVP to Shelia at 623.847.3086.

### SKIN CANCER CHECK

*CareToU* will be on campus, in front of Resident Services, on **February 26 -27**, from **9:00am-3:00pm**. No appointment is needed. In addition to offering screening, they offer non-surgical treatment for Basal Cell Carcinoma skin cancer and pre-cancerous conditions.

## ACTIVITIES

### FRIDAY ENTERTAINMENT

Come to the dance on **Friday, March 2<sup>nd</sup>** at **6:00pm** in the **Auditorium**.

On **Friday, March 9<sup>th</sup>** at **6:00pm** come to the **Auditorium** for the original *True Grit* movie and popcorn.

### HARKINS MOVIE

On **Tuesday, March 6<sup>th</sup>**, join a group from Glencroft at **5:00pm** as they go to Harkins Theater to watch *Willie Wonka and the Chocolate Factory*. Register and pay \$5 at the **Activities Reception**.

### DINNER CLUB

Join the Dinner Club on **Thursday, March 8<sup>th</sup>** at **4:30pm** and go to *Haus Murphy*, a German restaurant in downtown Glendale. Sign up now at the **Activities Reception**, 623.847.3009. If the list is full, put your name on a waiting list.

### KNIT & CROCHET

The *Knit and Crochet* group has started up again. They are now meeting on **Fridays** at **1:30pm** in the **Crossings Lounge**. Bring your project to work on as you enjoy socializing with others in the group.

### SCRABBLE MOVE

*Scrabble* players are now meeting in the **Grand Canyon Room** on **Mondays** at **1:30pm**. Come join them and build your word skills!

## DINING SERVICES

**Henry's Café** is offering *Fish Fry Fridays* through Lent, the end of March. The **Friday** special will be served from **11:00am** while supply lasts.

## TRANSPORTATION

Transportation will go to *Desert Diamond Casino* on the second Saturday of each month, starting **March 10<sup>th</sup>**, at **10:00am**. Casino pick-up at **1:30pm**. Sign up at the Concierge's if you are interested.



**SATURDAY 24**

9:00am Wii Bowling – Open Bowling: VP  
9am-8pm *Open Swim*: IP  
12:30-3:30pm Bingo: CLL  
1-3pm Ping Pong: VP

**SUNDAY 25**

9:00am Sunday School: GCR  
9:00am Catholic Service & Communion: T2S  
9:30am Bus: Our Lady of Perpetual Help Catholic Church  
10:00am Community of Faith Worship Service: AUD  
1:30-6:00pm *Open Swim* : IP  
3:00pm Vespers Service: PDR

**SATURDAY 3**

9:00am Wii Bowling – Open Bowling: VP  
9am-8pm *Open Swim*: IP  
1-3 pm Ping Pong: VP

**SUNDAY 4**

9:00am Sunday School: GCR  
9:00am Catholic Service & Communion: T2S  
9:30am Bus: Our Lady of Perpetual Help Catholic Church  
10:00am Community of Faith Worship Service: AUD  
1:30-6:00pm *Open Swim*: IP  
3:00pm Vespers Service: PDR

**MONDAY 26**

8:00am *Women's Water Ex*: IP  
9:00am *Lap Swimming*: IP  
9:00am Fit & Fab Exercise:VP  
9am-3pm CareToU: RS  
9:45am Just for Health : GCR  
10:00am Praying the Rosary: PSMC  
10:00am Aerobics: VP  
10am-1pm *Open Swim*: IP  
12:30-2:30pm Ping Pong: VP  
1:00pm *Arthritic Women's Water Exercise*: IP  
1:15pm Bunco: VP  
1:30pm Scrabble: GCR  
3:00pm Glencroft Singers: AUD  
3-5pm *Open Swim*: IP  
5:00pm *Women's Water Ex*: IP  
6:00pm Mexican Train Dominoes: T2S

**MONDAY 5**

8:00am *Women's Water Ex*: IP  
9:00am Alterations: VP  
9:00am *Lap Swimming*: IP  
9:00am Fit & Fab Exercise:VP  
9:45am Just for Health : GCR  
10:00am Praying the Rosary: PSMC  
10:00am Aerobics: VP  
10am-1pm *Open Swim*: IP  
12:30-2:30pm Ping Pong: VP  
1:00pm *Arthritic Women's Water Exercise*: IP  
1:15pm Bunco: VP  
1:30pm Scrabble: GCR  
3:30pm GCA Community Mtg: AUD  
3-5pm *Open Swim*: IP  
5:00pm *Women's Water Ex*: IP  
6:00pm Mexican Train Dominoes: T2S

**TUESDAY 27**

8:00am *Women's Water Ex*: IP  
9:00am *Lap Swimming*: IP  
9:00am Line Dancing: VP  
9am-3pm CareToU: RS  
9:30am Bible Study: PSMC  
10:00am *Assisted Swim*: IP  
12:00-12:45pm *Open Swim*: IP  
1:00pm Yoga: VP  
1:00pm *Men's Open Swim*: IP  
2:00pm Bridge: VP  
2:00pm Hand & Foot: VP  
2:00pm Reminisce Group: CL  
3-5pm *Open Swim*: IP  
3:30pm Bible Study: TCD  
5:00pm Mexican Train Dominoes: CL

**TUESDAY 6**

8:00am *Women's Water Ex*: IP  
9:00am *Lap Swimming*: IP  
9:00am Line Dancing: VP  
9:30am Bible Study: PSMC  
10:00am *Assisted Swim*: IP  
12:00-12:45pm *Open Swim*: IP  
1:00pm Resident Reps: GCR  
1:00pm Yoga: VP  
1:00pm *Men's Open Swim*: IP  
2:00pm Bridge: VP  
2:00pm Hand & Foot: VP  
2:00pm Reminisce Group: CL  
3-5pm *Open Swim*: IP  
3:30pm Bible Study: TCD  
5:00pm Harkins Movie: \$\*  
5:00pm Mexican Train Dominoes: CL

**LOCATIONS:**

ABLL Admin Building Lower Level  
AR Activities Reception  
AUD Auditorium

CL Crossings Lounge  
CLL Crossings Lower Level  
GCR Grand Canyon Room  
HC Henry's Café

IP Indoor Pool  
P Providence Place  
PDR Providence Dining Room  
PSMC Prov. Skinner Memorial Chapel

## WEDNESDAY 28

8:00am *Women's Water Ex: IP*  
9:00am *Lap Swimming: IP*  
9:00am Fit & Fab Exercise: VP  
9:00am Craft & Ceramics: CLL  
9:00am Crossings Prayer: CL  
10:00am Dispatch Health Q&A: AUD  
10am-1pm *Open Swim: IP*  
1-3pm Ping Pong: VP  
1:00pm *Arthritic Women's Water Exercise: IP*  
1:00pm Rummikub: VP  
3-5pm *Open Swim: IP*

## THURSDAY 1

8:00am *Women's Water Ex: IP*  
9:00am *Lap Swimming: IP*  
9:00am Soft Slow Latin Dance: VP  
9:30am Women's Bible Study: GCR  
10:00am Line Dancing: VP  
11:00am Assisted Swim: IP  
12:00-12:45pm *Open Swim: IP*  
1:00pm Methodists & Friends: T2S  
1:00pm Yoga: VP  
1:00pm *Men's Open Swim: IP*  
1:30pm Mat Makers: GCR  
2:00pm Mahjong: VP  
2-4pm Ping Pong: VP  
2:30pm Alzheimer's Support: SP  
3-5pm *Open Swim: IP*  
5:00pm *Women's Water Ex: IP*  
5:00pm Mexican Train Dominoes: CL

## FRIDAY 2

8:00am *Women's Water Ex: IP*  
8:00am Wood Carvers: CLL  
9:00am *Lap Swimming: IP*  
9:00am Fit & Fab Exercise: VP  
9-10am Blood Pressure: RS  
10:00am Writing Club: GCR  
10:00am Aerobics: VP  
10am-1pm *Open Swim: IP*  
1:00pm *Arthritic Women's Water Exercise: IP*  
1:00pm Hand & Foot: VP  
1:30pm Knit/Crochet: CLL  
3:00pm Catholic Gathering: GCR  
3-5pm *Open Swim: IP*  
6:00pm Dance: AUD

## WEDNESDAY 7

8:00am *Women's Water Ex: IP*  
9:00am *Lap Swimming: IP*  
9:00am Fit & Fab Exercise: VP  
9:00am Craft & Ceramics: CLL  
9:00am Crossings Prayer: CL  
9:00am Painting Club: VP  
10:00am Catholic Mass: PSMC  
10am-1pm *Open Swim: IP*  
1-3pm Ping Pong: VP  
1:00pm *Arthritic Women's Water Exercise: IP*  
1:00pm Rummikub: VP  
3:00pm Silent Group: TCD  
3-5pm *Open Swim: IP*

## THURSDAY 8

8:00am *Women's Water Ex: IP*  
9:00am *Lap Swimming: IP*  
9:00am Soft Slow Latin Dance: VP  
10:00am Line Dancing: VP  
11:00am Assisted Swim: IP  
12:00-12:45pm *Open Swim: IP*  
1:00pm Methodists & Friends: T2S  
1:00pm Yoga: VP  
1:00pm Ceramics: CLL  
1:00pm *Men's Open Swim: IP*  
1:30pm Mat Makers: GCR  
2:00pm Mahjong: VP  
2-4pm Ping Pong: VP  
2:30pm Alzheimer's Support: SP  
4:30pm Dinner Club: \$\*  
3-5pm *Open Swim: IP*  
5:00pm *Women's Water Ex: IP*  
5:00pm Mexican Train Dominoes: CL

## FRIDAY 9

8:00am *Women's Water Ex: IP*  
8:00am Wood Carvers: CLL  
9:00am *Lap Swimming: IP*  
9:00am Fit & Fab Exercise: VP  
9-10am Blood Pressure: RS  
10:00am Writing Club: GCR  
10:00am Aerobics: VP  
10am-1pm *Open Swim: IP*  
1:00pm *Arthritic Women's Water Exercise: IP*  
1:00pm Hand & Foot: VP  
1:30pm Knit/Crochet: CLL  
3-5pm *Open Swim: IP*  
6:00pm Movie: AUD  
*True Grit, 1969*

QR Quilt Room  
RS Resident Services  
SP Sarah's Place  
T2S Towers 2nd Floor South

TCD Towers Coyote Den  
TDR Towers Dining Room  
TL2 Towers Lounge 2<sup>nd</sup> floor  
TP Towers Patio

VP Villa Ponderosa  
KEY:  
\* Reservations Required  
\$ Cost Involved



## SPIRITUAL LIFE

**Bible Study w/ Chaplain Cheryl**  
Tuesday, 9:30am, PSMC

**Bus to Our Lady of Perpetual Help Catholic Church**  
Sunday, 9:30am

**Catholic Service (TV) & Communion**  
Sunday, 9:00-10:00am, TL2

**Catholic Mass**  
1<sup>st</sup> Wednesday, 10:00am, PSMC

**Catholic Gathering**  
1<sup>st</sup> Friday, 3:00pm, GCR

**Community of Faith Worship**  
Sunday, 10:00-11:00am, AUD

**Crossings Prayer Group**  
Wednesday, 9:00am, CL

**Methodists & Friends**  
Thursday, 1:00pm, T2S

**Praying the Rosary**  
Monday, 10:00am, PSMC

**Silent Group**  
1<sup>st</sup> & 3<sup>rd</sup> Wednesdays, 3:00pm, TCD

**Sunday School**  
Sunday, 9:00-10:00am, GCR

**Towers Prayer & Bible Study**  
Tuesday, 3:30pm, TCD

**Vespers**  
Sunday, 3:00pm, PDR



## MARKETPLACE

Groceries and toiletries  
Mon-Thurs, 8:00am-4:00pm  
Friday 9:00am-2:00pm, Villa

## THRIFT SHOP

Gently used clothing, shoes, linens, kitchen items, small electronics, crafts, jewelry.  
Mon, Wed & Fri, 9am-3pm VP

## TULIP PATCH

Cards, candy, flowers, & gift items for men, women and children. Mon-Fri, 9:30am - 3:30pm, Saturday, 11:00am-2:00pm, PL

Glencroft Senior Living  
8611 N. 67th Avenue  
Glendale, AZ 85302

## ARTS

**Ceramics & Crafts**  
Wednesday, 9:00-11:00am, CLL

**Ceramics Only**  
2<sup>nd</sup> Thursday, 1:00-3:00pm, CLL

**Crochet (Mat Makers)**  
Thursday, 1:30-3:00pm, GCR

**Knit/Crochet**  
Friday, 1:30pm, CLL

**Painting Club**  
1<sup>st</sup>, 3<sup>rd</sup> Wednesday, 9:00am, VP

**Sunset Quilters**  
2<sup>nd</sup> Tuesday, 5:00pm, QR

**Wood Carvers**  
Friday, 8:00-11:00am, CLL

**Twigger Writing Club**  
Friday, 10:00am, GCR

## GAMES

**Bingo** \$ (3 cards for \$1)  
2<sup>nd</sup> & 4<sup>th</sup> Saturday 12:30-3:30pm, CL

**Bridge**  
Tuesday, 2:00pm, VP

**Bunco**  
Monday, 1:15pm, VP

**Dominoes (Mexican Train)**  
Monday, 6:00pm, T2S  
Tuesday & Thursday, 5:00pm, CL

**Hand & Foot**  
Tuesday, 2:00pm, VP  
Friday, 1:00pm, VP

**Mahjong**  
Thursday, 2:00pm, VP

**Ping Pong**  
Monday, 12:30-2:30pm,  
Wed & Sat, 1:00-3:00pm  
Thursday, 2:00-4:00pm, VP

**Rummikub**  
Wednesday, 1:00pm, VP

**Scrabble**  
Monday, 1:30pm, GCR

**Wii Bowling (open)**  
Saturday, 9:00am, VP



GET ACTIVE  
 **stay active!**

## FITNESS

**Aerobics**  
Mon & Fri, 10:00-11:00am, VP

**Arthritic Women's Water Exercise**  
Mon, Wed & Fri, 1:00-3:00pm, IP

**Assisted Swimming**  
Tuesday, 10:00-11:00am, IP  
Thursday, 11:00am-12:00pm, IP

**Fit & Fab Exercise Class**  
Mon, Wed & Fri, 9-9:45am, VP

**Lap Swimming Only**  
Mon-Fri, 9:00-10:00am, IP

**Line Dancing**  
Tues, 9:00am & Thurs, 10:00am, VP

**Men's Open Swim**  
Tues & Thurs, 1:00-3:00pm, IP

**Open Swim**  
Mon, Wed, Fri, 10am-1pm & 3-8pm  
Tues & Thurs, 12:00-12:45pm  
& 3:00-5:00pm  
Saturday, 9:00am-8:00pm  
Sunday, 1:30-6:00pm

**Ping Pong**  
See Games on left

**Soft-n-Slow Latin Dance**  
Thursday, 9:00-9:45am, VP

**Women's Water Exercise**  
Mon-Fri, 8:00-8:30am, IP  
Mon & Thurs, 5:00-6:00pm, IP

**Work Out Machines**  
Sunday-Saturday, all day, GCR

**Yoga**  
Tues & Thurs, 1:00-2:00pm, VP

## QUICK DIAL

**Activities Department:**  
623.847.3009

**Concierge:**  
623.847.3058

**Glencroft @ Home**  
623.847.3086

**Resident Services:**  
623.847.3084

**Security:**  
602.768.1659  
602.768.6578

**Spiritual Life:**  
623.847.3066

**Chaplain Cheryl:**  
623.847.3115