



MARCH 24 - APRIL 6, 2018 #7

TOWN HALL MEETING

On Wednesday, March 28th, at 2:00pm there will be a *Town Hall Meeting in the Auditorium*. All residents are invited to attend.

DINING SERVICES

EASTER BRUNCH

Henry's Café will offer an Easter Brunch from 11:00am-2:00pm on Sunday, April 1st. It will include: Orange Glazed Hickory Ham, Roasted Mesquite Turkey Breast, Green Beans with Sautéed Mushrooms and Onions, Mashed Potatoes and Gravy, Rice Pilaf, Potato Salad, Garden Salad, Fruit Salad, Deviled Egg Salad, Omelet Station, Biscuits and Country Gravy, Bacon and Sausage, Butter-milk Pancakes, Strawberry Cheesecake, Lemon Meringue Pie and Blueberry Pie. The meal is \$4.50 extra for residents on the meal plan and \$12.50 for guests. (Groups of 5+, please make reservations by calling 623.847.3111.)

An Easter menu will be offered at **Providence Place** and **Towers Dining Room** and will feature Easter favorites.

SPIRITUAL LIFE

GOOD FRIDAY SERVICES

There will be two *Good Friday Services* offered on Friday, March 30th. One at 3:00pm in Skinner Memorial Chapel in **Providence Place** and another at 6:00pm by the *Community of Faith* in the **Auditorium**.

HYMN SING

Come to the **Auditorium** on Thursday, April 5th, at 2:00pm if you enjoy singing or listening to hymns.

RESIDENT SERVICES

MEDICATION DISPOSAL

You can dispose of your expired medications at **Resident Services**, Monday-Friday, 8:00am-4:30pm in the MedReturn box supplied by the *Glendale Police Department*. No liquids, inhalers or needles are permitted.

ASCENT AUDIOLOGY

Starting March 28th, *Ascent Audiology* will be at the **Glencroft Wellness Center** on Wednesdays, from 2:00-5:00pm.

ACTIVITIES

BIRTHDAY PARTY

Did you know that the GCA has a *Birthday Party* every other month to celebrate our residents' birthdays? Everyone is invited on Tuesday, March 27th, at 3:00pm in the **Grand Canyon Room** as we celebrate March and April birthdays. Refreshments will be served.

BRAIN HEALTH FOR LIFE

On Wednesday, March 28th, at 9:00am in the **Auditorium**, Dr. John DenBoer will be discussing dementia and methods to help slow down the effects in a new and fun way! You must RSVP with Wendy Harrold at 623.847.3018.

LAKE CRUISE

On Tuesday, April 3rd take a 90-minute narrated cruise on the *Desert Belle Tour Boat* on Saguaro Lake. The boat is handicap accessible. Sign up and pay, \$25, at the **Activities Reception**.

FRIDAY ENTERTAINMENT

The Nostalgics are returning to Glencroft on Friday, April 6th, at 6:00pm in the **Auditorium**. *The Nostalgics* have been performing in the Valley for more than 30 years. They are a harmonica trio + 1.

upcoming EVENTS

PICNIC IN THE PARK

On Tuesday, April 10th enjoy a picnic and fishing at **Pioneer Park**. Sign up and pay \$3 at the **Activities Reception**.

CRAFTERS

There will be a *Craft Fair* on Tuesday, April 24th, at 10:00am in the **Auditorium**. Sign up at the **Activities Reception** or call 623.847.3009. If you want to sell, give them your name, phone number and what your craft is.



SATURDAY 24

9:00am *Wii Bowling – Open Bowling: VP*
9am-8pm *Open Swim: IP*
12:30 Bingo: CLL
1-3pm Ping Pong: VP

SUNDAY 25

9:00am Sunday School: GCR
9:00am Catholic Service & Communion: T2S
9:30am Bus: Our Lady of Perpetual Help Catholic Church
10:00am Community of Faith Worship Service: AUD
1:30-6:00pm *Open Swim : IP*
3:00pm Vespers Service: PDR

MONDAY 26

8:00am *Women’s Water Ex: IP*
9:00am *Lap Swimming: IP*
9:00am Fit & Fab Exercise: VP
10:00am Praying the Rosary: PSMC
10:00am Aerobics: VP
10am-1pm *Open Swim: IP*
12:30-2:30pm Ping Pong: VP
1:00pm *Arthritic Women’s Water Exercise: IP*
1:15pm Bunco: VP
1:30pm Scrabble: GCR
3:00pm Glencroft Singers: AUD
3-5pm *Open Swim: IP*
5:00pm *Women’s Water Ex: IP*
6:00pm Mexican Train Dominoes: T2S

TUESDAY 27

8:00am *Women’s Water Ex: IP*
9:00am *Lap Swimming: IP*
9:00am Line Dancing: VP
9:30am Bible Study: PSMC
10:00am *Assisted Swim: IP*
12:00-12:45pm *Open Swim: IP*
1:00pm Yoga: VP
1:00pm *Men’s Open Swim: IP*
2:00pm Bridge: VP
2:00pm Hand & Foot: VP
2:00pm Reminisce Group: CL
3:00pm Birthday Party: GCR
3-5pm *Open Swim: IP*
3:30pm Bible Study: TCD
5:00pm Mexican Train Dominoes: CL

SATURDAY 31

9:00am *Wii Bowling – Open Bowling: VP*
9am-8pm *Open Swim: IP*
1-3 pm Ping Pong: VP

SUNDAY 1

EASTER

9:00am Sunday School: GCR
9:00am Catholic Service & Communion: T2S
9:30am Bus: Our Lady of Perpetual Help Catholic Church
10:00am Community of Faith Worship Service: AUD
1:30-6:00pm *Open Swim: IP*
3:00pm Vespers Service: PDR

MONDAY 2

8:00am *Women’s Water Ex: IP*
9:00am *Lap Swimming: IP*
9:00am Fit & Fab Exercise: VP
9:00am Alterations: VP
10:00am Praying the Rosary: PSMC
10:00am Aerobics: VP
10am-1pm *Open Swim: IP*
12:30-2:30pm Ping Pong: VP
1:00pm *Arthritic Women’s Water Exercise: IP*
1:15pm Bunco: VP
1:30pm Scrabble: GCR
3-5pm *Open Swim: IP*
3:30pm GCA Community Mtg: AUD
5:00pm *Women’s Water Ex: IP*
6:00pm Mexican Train Dominoes: T2S

TUESDAY 3

8:00am *Women’s Water Ex: IP*
9:00am *Lap Swimming: IP*
9:00am Line Dancing: VP
9:30am Bible Study: PSMC
10:00am Desert Belle: \$*
10:00am *Assisted Swim: IP*
12:00-12:45pm *Open Swim: IP*
1:00pm Yoga: VP
1:00pm Resident Rep Mtg: GCR
1:00pm *Men’s Open Swim: IP*
2:00pm Bridge: VP
2:00pm Hand & Foot: VP
2:00pm Reminisce Group: CL
3-5pm *Open Swim: IP*
3:30pm Bible Study: TCD
5:00pm Mexican Train Dominoes: CL

LOCATIONS:

ABLL Admin Building Lower Level
AR Activities Reception
AUD Auditorium

CL Crossings Lounge
CLL Crossings Lower Level
GCR Grand Canyon Room
HC Henry’s Café

IP Indoor Pool
P Providence Place
PDR Providence Dining Room
PSMC Prov. Skinner Memorial Chapel

WEDNESDAY 28

8:00am *Women's Water Ex: IP*
9:00am *Lap Swimming: IP*
9:00am Brain Health: AUD*
9:00am Fit & Fab Exercise: VP
9:00am Craft & Ceramics:CLL
9:00am Crossings Prayer: CL
10am-1pm *Open Swim: IP*
1-3pm Ping Pong: VP
1:00pm *Arthritic Women's Water Exercise: IP*
1:00pm Rummikub: VP
2:00pm Town Hall Meeting: AUD
2-5pm Ascent Audiology: WC
3-5pm *Open Swim: IP*

THURSDAY 29

8:00am *Women's Water Ex: IP*
9:00am *Lap Swimming: IP*
9:00am Soft Slow Latin Dance: VP
10:00am Line Dancing: VP
11:00am Assisted Swim: IP
12:00-12:45pm *Open Swim: IP*
1:00pm Methodists & Friends: T2S
1:00pm Yoga: VP
1:00pm *Men's Open Swim: IP*
1:30pm Mat Makers: GCR
2:00pm Mahjong: VP
2-4pm Ping Pong: VP
2:30pm Alzheimer's Support: SP
3-5pm *Open Swim: IP*
5:00pm *Women's Water Ex: IP*
5:00pm Mexican Train Dominoes: CL

FRIDAY 30

8:00am *Women's Water Ex: IP*
8:00am Wood Carvers: CLL
9:00am *Lap Swimming: IP*
9:00am Fit & Fab Exercise: VP
9-10am Blood Pressure: RS
10:00am Twigger Writing Club: GCR
10:00am Aerobics: VP
10am-1pm *Open Swim: IP*
1:00pm *Arthritic Women's Water Exercise: IP*
1:00pm Hand & Foot: VP
1:30pm Knit/Crochet: CL
3:00pm Good Friday: PSMC
3-5pm *Open Swim: IP*
6:00pm Good Friday: AUD

WEDNESDAY 4

8:00am *Women's Water Ex: IP*
9:00am *Lap Swimming: IP*
9:00am Fit & Fab Exercise: VP
9:00am Coffee w/a Cop: GCR
9:00am Craft & Ceramics:CLL
9:00am Crossings Prayer: CL
9:00am Painting Club: VP
10:00am Catholic Mass: PSMC
10am-1pm *Open Swim: IP*
1-3pm Ping Pong: VP
1:00pm *Arthritic Women's Water Exercise: IP*
1:00pm Rummikub: VP
3:00pm Silent Group: TCD
3-5pm *Open Swim: IP*

THURSDAY 5

8:00am *Women's Water Ex: IP*
9:00am *Lap Swimming: IP*
9:00am Soft Slow Latin Dance: VP
10:00am Line Dancing: VP
11:00am Assisted Swim: IP
12:00-12:45pm *Open Swim: IP*
1:00pm Methodists & Friends: T2S
1:00pm Yoga: VP
1:00pm *Men's Open Swim: IP*
1:30pm Mat Makers: GCR
2:00pm Mahjong: VP
2-4pm Ping Pong: VP
2:30pm Alzheimer's Support: SP
3-5pm *Open Swim: IP*
5:00pm *Women's Water Ex: IP*
5:00pm Mexican Train Dominoes: CL

FRIDAY 6

8:00am *Women's Water Ex: IP*
8:00am Wood Carvers: CLL
9:00am *Lap Swimming: IP*
9:00am Fit & Fab Exercise: VP
9-10am Blood Pressure: RS
10:00am Twigger Writing Club: GCR
10:00am Aerobics: VP
10am-1pm *Open Swim: IP*
1:00pm *Arthritic Women's Water Exercise: IP*
1:00pm Hand & Foot: VP
1:30pm Knit/Crochet: CL
3:00pm Catholic Gathering: GCR
3-5pm *Open Swim: IP*
6:00pm Nostalgics: AUD

QR Quilt Room
RS Resident Services
SP Sarah's Place
T2S Towers 2nd Floor South

TCD Towers Coyote Den
TDR Towers Dining Room
TL2 Towers Lounge 2nd floor
TP Towers Patio

VP Villa Ponderosa
WC Wellness Center
KEY: * Reservations Required
\$ Cost Involved

SPIRITUAL LIFE

Bible Study w/ Chaplain Cheryl
Tuesday, 9:30am, PSMC

Bus to Our Lady of Perpetual Help Catholic Church
Sunday, 9:30am

Catholic Service (TV) & Communion
Sunday, 9:00-10:00am, TL2

Catholic Mass
1st Wednesday, 10:00am, PSMC

Catholic Gathering
1st Friday, 3:00pm, GCR

Community of Faith Worship
Sunday, 10:00-11:00am, AUD

Crossings Prayer Group
Wednesday, 9:00am, CL

Methodists & Friends
Thursday, 1:00pm, T2S

Praying the Rosary
Monday, 10:00am, PSMC

Silent Group
1st & 3rd Wednesdays, 3:00pm, TCD

Sunday School
Sunday, 9:00-9:45am, GCR

Towers Prayer & Bible Study
Tuesday, 3:30pm, TCD

Vespers
Sunday, 3:00pm, PDR



MARKETPLACE

Groceries and toiletries
Mon-Thurs, 8:00am-4:00pm
Friday 9:00am-2:00pm, Villa

THRIFT SHOP

Gently used clothing, shoes, linens, kitchen items, small electronics, crafts, jewelry.
Mon, Wed & Fri, 9am-3pm VP

TULIP PATCH

Cards, candy, flowers, & gift items for men, women and children. Mon-Fri, 9:30am - 3:30pm, Saturday, 11:00am-2:00pm, PL

Glencroft Senior Living
8611 N. 67th Avenue
Glendale, AZ 85302

ARTS

Ceramics & Crafts
Wednesday, 9:00-11:00am, CLL

Ceramics Only
2nd Thursday, 1:00-3:00pm, CLL

Crochet (Mat Makers)
Thursday, 1:30-3:00pm, GCR

Knit/Crochet
Friday, 1:30pm, CLL

Painting Club
1st, 3rd Wednesday, 9:00am, VP

Sunset Quilters
2nd Tuesday, 5:00pm, QR

Wood Carvers
Friday, 8:00-11:00am, CLL

Twigger Writing Club
Friday, 10:00am, GCR

GAMES

Bingo \$ (3 cards for \$1)
2nd & 4th Saturday 12:30-3:30pm, CL

Bridge
Tuesday, 2:00pm, VP

Bunco
Monday, 1:15pm, VP

Dominoes (Mexican Train)
Monday, 6:00pm, T2S
Tuesday & Thursday, 5:00pm, CL

Hand & Foot
Tuesday, 2:00pm, VP
Friday, 1:00pm, VP

Mahjong
Thursday, 2:00pm, VP

Ping Pong
Monday, 12:30-2:30pm,
Wed & Sat, 1:00-3:00pm
Thursday, 2:00-4:00pm, VP

Rummikub
Wednesday, 1:00pm, VP

Scrabble
Monday, 1:30pm, GCR

Wii Bowling (open)
Saturday, 9:00am, VP



FITNESS

Aerobics
Mon & Fri, 10:00-11:00am, VP

Arthritic Women's Water Exercise
Mon, Wed & Fri, 1:00-3:00pm, IP

Assisted Swimming
Tuesday, 10:00-11:00am, IP
Thursday, 11:00am-12:00pm, IP

Fit & Fab Exercise Class
Mon, Wed & Fri, 9-9:45am, VP

Lap Swimming Only
Mon-Fri, 9:00-10:00am, IP

Line Dancing
Tues, 9:00am & Thurs, 10:00am, VP

Men's Open Swim
Tues & Thurs, 1:00-3:00pm, IP

Open Swim
Mon, Wed, Fri, 10am-1pm & 3-8pm
Tues & Thurs, 12:00-12:45pm
& 3:00-5:00pm
Saturday, 9:00am-8:00pm
Sunday, 1:30-6:00pm

Ping Pong
See Games on left

Soft-n-Slow Latin Dance
Thursday, 9:00-9:45am, VP

Women's Water Exercise
Mon-Fri, 8:00-8:30am, IP
Mon & Thurs, 5:00-6:00pm, IP

Work Out Machines
Sunday-Saturday, all day, GCR

Yoga
Tues & Thurs, 1:00-2:00pm, VP

QUICK DIAL

Activities Department:
623.847.3009

Concierge:
623.847.3058

Glencroft @ Home
623.847.3086

Resident Services:
623.847.3084

Security:
602.768.1659
602.768.6578

Spiritual Life:
623.847.3066

Chaplain Cheryl:
623.847.3115