



## FATHER'S DAY AT HENRY'S

Henry's is offering a *Father's Day Special* on **Sunday, June 16<sup>th</sup>** from 11:00am-2:00pm. (They will be serving the regular breakfast brunch menu from 9:00-10:00am.) For \$8 you can enjoy a grilled Bistro Steak, loaded baked potato, green beans, a slice of chocolate cream pie and a beverage.

## BLOOD PRESSURE & WEIGH IN

A new scale and blood pressure machine are now located in the waiting room of the **Clinic** and available for all residents to use. The blood pressure machine is fully automatic with a convenient one button operation. The directions are on the machine. The new scale measures weight, height and other information. There are directions on the wall next to it. You can also ask a staff member in the **Performance Center** if you need help.



## GOING ON VACATION

Did you know there is an *Absentee Form* for Independent Living Residents that will be away from home for 7 days or longer? You can pick it up from the **Concierge** in the **Villa Ponderosa**. Security requests that residents inform them when they leave so that they can better secure the campus.

## HOME HEALTH SERVICES

If you live in Independent Living and find yourself in need of additional help, you can find assistance from *Glencroft at Home by AmeriCare*. They have an office in the **Resident Services**. David Kafora can be reached at 623.847.3086 and can get you the assistance you need.

## DINNER & A MOVIE

Sign up at the **Activities Reception** to go watch the new *Aladdin* movie (\$8 with a senior discount) and have dinner at *Raising Canes Chicken Fingers*. The trip is planned for **Wednesday, June 26<sup>th</sup>**, leaving at 4:15pm.

## FRIDAY ENTERTAINMENT

On **Friday, June 21<sup>st</sup>**, enjoy popcorn and the 2018 movie, *Wonder Woman* at 6:00pm in the **Auditorium**.

Don't miss singer *T.A. Burrows* on **Friday, June 28<sup>th</sup>** at 6:00pm in the **Auditorium**.

## MOVIE WEDNESDAY

Drama/romance movie, *Forrest Gump* will show on **June 19<sup>th</sup>**. On **June 26<sup>th</sup>** *Wall-e*, a 2008 family adventure movie, will be playing. Wednesday movies are at 6:00pm in the **Auditorium**.

## CERAMICS

During June and July the **Craft Room** will be open to do ceramics on **Mondays and Wednesdays** from 9:00-11:00am. New participants are welcome to join in on the fun.

## PROMOTIONS

Congratulations to Debbie Einstman for her promotion to Receiving/Inventory Manager for Glencroft. Congratulations also to Bailey Burns who is being promoted from Corporate Receptionist to Resident Concierge.



## ALTERATIONS

Mary Jo will be back in the **Villa Ponderosa** offering *Alterations* on **June 25<sup>th</sup>** at 9:00am.

## SERENE MOBILITY

Jeff, with *Serene Mobility*, will be in the **Auditorium** on **Wednesday, June 26<sup>th</sup>** from 10:00am-noon to repair your scooter, walker or wheel chair. No appointment necessary.

**SATURDAY 15**

8am-8pm *Open Swim: IP*  
9am Wii Bowling – Open Bowling: VP  
1-3pm Ping Pong: VP  
6pm Hand & Foot: VP

**SUNDAY 16**

**FATHER'S DAY**

8am-8pm *Open Swim: IP*  
9am Sunday School: UR  
9am Catholic Service & Communion: T2S  
9:30am Bus: Our Lady of Perpetual Help Catholic Church  
10am Community of Faith Worship Service: AUD  
2pm Worship Service: PDR  
6pm Hand & Foot: VP

**SATURDAY 22**

8am-8pm *Open Swim: IP*  
9am Wii Bowling – Open Bowling: VP  
12:30 Bingo: VP  
1-3pm Ping Pong: VP  
6pm Hand & Foot: VP

**SUNDAY 23**

8am-8pm *Open Swim: IP*  
9am Sunday School: UR  
9am Catholic Service & Communion: T2S  
9:30am Bus: Our Lady of Perpetual Help Catholic Church  
10am Community of Faith Worship Service: AUD  
2pm Worship Service: PDR  
6pm Hand & Foot: VP

**MONDAY 17**

8am *Women's Water Ex: IP*  
9am *Lap Swimming: IP*  
9am Fit & Fab Exercise: MC  
9-11am Ceramics: CR  
10am Praying the Rosary: PSMC  
10am Cribbage: VP  
10am-1pm *Open Swim: IP*  
12:30-2:30pm Ping Pong: VP  
1pm *Arthritic Women's Water Exercise: IP*  
1pm Scrabble: CL  
1:15pm Bunco: VP  
3pm San Francisco Rummy: VP  
3-5pm *Open Swim: IP*  
5pm *Women's Water Ex: IP*  
6pm Mexican Train Dominoes: T2S  
6pm Hand & Foot: VP  
6pm 5 Crowns: VP

**MONDAY 24**

8am *Women's Water Ex: IP*  
9am *Lap Swimming: IP*  
9am Fit & Fab Exercise: MC  
9-11am Ceramics: CR  
10am Praying the Rosary: PSMC  
10am Cribbage: VP  
10am-1pm *Open Swim: IP*  
12:30-2:30pm Ping Pong: VP  
1pm *Arthritic Women's Water Exercise: IP*  
1pm Scrabble: CL  
1:15pm Bunco: VP  
3pm San Francisco Rummy: VP  
3-5pm *Open Swim: IP*  
5pm *Women's Water Ex: IP*  
6pm Mexican Train Dominoes: T2S  
6pm Hand & Foot: VP

**TUESDAY 18**

8am *Women's Water Ex: IP*  
9am *Lap Swimming: IP*  
9am Line Dancing: MC  
9:30am Bible Study: PSMC  
10am *Assisted Swim: IP*  
12-12:45pm *Open Swim: IP*  
1pm Yoga: MC  
1pm Hand & Foot: VP  
1pm *Men's Open Swim: IP*  
2pm Bridge: CL  
3-8pm *Open Swim: IP*  
3:30pm Bible Study: TCD  
5pm Mexican Train Dominoes: CL  
6pm Hand & Foot: VP

**TUESDAY 25**

8am *Women's Water Ex: IP*  
9am *Lap Swimming: IP*  
9am Line Dancing: MC  
9am *Alterations: VP*  
9:30am Bible Study: PSMC  
10am *Assisted Swim: IP*  
12-12:45pm *Open Swim: IP*  
1pm Yoga: MC  
1pm Hand & Foot: VP  
1pm *Men's Open Swim: IP*  
2pm Bridge: CL  
3-8pm *Open Swim: IP*  
3:30pm Bible Study: TCD  
5pm Mexican Train Dominoes: CL  
6pm Hand & Foot: VP

**LOCATIONS:**

AUD Auditorium  
CL Crossings Lounge  
CR Crossings Craft Room

HC Henry's Café  
IP Indoor Pool  
MC Movement Center  
PC Performance Center

PDR Providence Dining Room  
PSMC Prov. Skinner Memorial Chapel  
QR Quilt Room  
RS Resident Services

## WEDNESDAY 19

8am *Women's Water Ex: IP*  
 9am *Lap Swimming: IP*  
 9am *Fit & Fab Exercise: MC*  
 9-11am *Craft & Ceramics: CR*  
 10am *10/40 Prayer Group: CL*  
 10am-1pm *Open Swim: IP*  
 1-3pm *Ping Pong: VP*  
 1-5pm *Ascent Audiology: WC*  
 1pm *Arthritic Women's Water Exercise: IP*  
 1pm *5 Crowns: VP*  
 3-8pm *Open Swim: IP*  
 6pm *Movie: Forrest Gump: AUD*  
 6pm *Hand & Foot: VP*

## THURSDAY 20

8am *Women's Water Ex: IP*  
 9am *Lap Swimming: IP*  
 9am *Slow Latin Dance: MC*  
 10am *Line Dancing: MC*  
 11am *Assisted Swim: IP*  
 12-12:45pm *Open Swim: IP*  
 1pm *Methodists & Friends: T2S*  
 1pm *Yoga: MC*  
 1pm *Men's Open Swim: IP*  
 2pm *Checkers: VP*  
 2-4pm *Ping Pong: VP*  
 2:30pm *Alzheimer's Support: SP*  
 3-5pm *Open Swim: IP*  
 4:15pm *Dinner Club: Ahso \*\$*  
 5pm *Women's Water Ex: IP*  
 5pm *Mexican Train Dominoes: CL*  
 6pm *Hand & Foot: VP*

## FRIDAY 21

8am *Women's Water Ex: IP*  
 8am *Wood Carvers: CR*  
 9am *Lap Swimming: IP*  
 9am *Fit & Fab Exercise: MC*  
 10am *Twigger Writing Club: CL*  
 10am-1pm *Open Swim: IP*  
 10am *Cribbage: VP*  
 10am *Sign Language: VP*  
 10a-2p *Glencroft Quilters: QR*  
 1pm *Arthritic Women's Water Exercise: IP*  
 1pm *Hand & Foot: VP*  
 1pm *Needle Crafters: CL*  
 3-8pm *Open Swim: IP*  
 6pm *Movie: Wonder Woman: AUD*

## WEDNESDAY 26

8am *Women's Water Ex: IP*  
 9am *Lap Swimming: IP*  
 9am *Fit & Fab Exercise: MC*  
 9-11am *Craft & Ceramics: CR*  
 10am *10/40 Prayer Group: CL*  
 10am-12pm *Serene Mobility: AUD*  
 10am-1pm *Open Swim: IP*  
 1-3pm *Ping Pong: VP*  
 1-5pm *Ascent Audiology: WC*  
 1pm *Arthritic Women's Water Exercise: IP*  
 1pm *5 Crowns: VP*  
 3-8pm *Open Swim: IP*  
 6pm *Movie: Wall-e: AUD*  
 6pm *Hand & Foot: VP*

## THURSDAY 27

8am *Women's Water Ex: IP*  
 9am *Painting Club: CL*  
 9am *Lap Swimming: IP*  
 9am *Slow Latin Dance: MC*  
 10am *Line Dancing: MC*  
 11am *Assisted Swim: IP*  
 12-12:45pm *Open Swim: IP*  
 1pm *Methodists & Friends: T2S*  
 1pm *Yoga: MC*  
 1pm *Men's Open Swim: IP*  
 2pm *Checkers: VP*  
 2-4pm *Ping Pong: VP*  
 2:30pm *Alzheimer's Support: SP*  
 3-5pm *Open Swim: IP*  
 5pm *Women's Water Ex: IP*  
 5pm *Mexican Train Dominoes: CL*  
 6pm *Hand & Foot: VP*

## FRIDAY 28

8am *Women's Water Ex: IP*  
 8am *Wood Carvers: CR*  
 9am *Lap Swimming: IP*  
 9am *Fit & Fab Exercise: MC*  
 10am *Twigger Writing Club: CL*  
 10am-1pm *Open Swim: IP*  
 10am *Cribbage: VP*  
 10am *Sign Language: VP*  
 10a-2p *Glencroft Quilters: QR*  
 1pm *Arthritic Women's Water Exercise: IP*  
 1pm *Hand & Foot: VP*  
 1pm *Needle Crafters: CL*  
 3-8pm *Open Swim: IP*  
 6pm *T.A. Burrows: AUD*

SP Sarah's Place  
 T2S Towers 2nd Floor South  
 TCD Towers Coyote Den  
 TDR Towers Dining Room

TP Towers Patio  
 UR University Room  
 VP Villa Ponderosa  
 WC Wellness Center

KEY: \* Reservations Required  
 \$ Cost Involved

## SPIRITUAL LIFE

### Bible Study

Tuesday, 9:30am, PSMC

**Bus to:** Our Lady of Perpetual Help  
Sunday, 9:30am

**Catholic Service (TV) & Communion**  
Sunday, 9-10am, T2S

### Catholic Mass

1<sup>st</sup> Wednesday, 10am, PSMC

**Community of Faith Worship**  
Sunday, 10-11am, AUD

### 10/40 Prayer Group

Wednesday, 10am, CL

### Methodists & Friends

Thursday, 1pm, T2S

### Praying the Rosary

Monday, 10am, PSMC

### Sunday School

Sunday, 9-9:45am, UR

### Towers Prayer & Bible Study

Tuesday, 3:30pm, TCD

### Worship Service

Sunday, 2pm, PDR



## CERAMICS

Mon & Wed, 9:00-11:00am, CR

Daily: 623.873.2211 Villas glass case

## MARKETPLACE

Groceries and toiletries

Mon-Thurs 8am-4pm, Fri 9am-2pm, Sat 10am-2pm Villa

## THRIFT SHOP

Gently used clothing, shoes, linens, kitchen items, small electronics, crafts, jewelry. Mon, Wed & Fri, 9am-3pm VP

## TULIP PATCH

Cards, candy, flowers, & gift items for men, women and children. Mon-Fri, 9:30am -3:30pm, Saturday, 11am-2pm, PL

Glencroft Center for Modern Aging  
8611 N. 67th Avenue  
Glendale, AZ 85302  
Glencroftliving.com

## ARTS

### Ceramics & Crafts

Wednesday, 9-11am, CR

### Ceramics Only

Mondays, 9-11am, CR  
2<sup>nd</sup> Thursday, 1-3pm, CR

### Mat Makers *(on break until Aug. 1)*

1<sup>st</sup>, 2<sup>nd</sup> & 4<sup>th</sup> Thursdays, 1-3pm,

### Glencroft Quilters

1<sup>st</sup>, 3<sup>rd</sup> & 4<sup>th</sup> Fridays, 10am-2pm, QR

### Needle Crafters

Friday, 1pm, CL

### Painting Club

1<sup>st</sup>, 4<sup>th</sup> Thursday, 9am, CL

### Sunset Quilters

2<sup>nd</sup> Tuesday, 2-8pm, QR

### Wood Carvers

Friday, 8-11am, CR

### Twigger Writing Club

Friday, 10am, CL

## GAMES

**Bingo** \$ (3 cards for \$1)  
2<sup>nd</sup> & 4<sup>th</sup> Saturdays, 12:30, VP

### Bridge

Tuesday, 2pm, CL

### Bunco

Monday, 1:15pm, VP

### Checkers

Thursday, 2pm, VP

### Cribbage

Monday & Friday, 10am, VP

### Dominoes (Mexican Train)

Monday, 6:00pm, T2S

Tuesday & Thursday, 5pm, CL

### Five Crowns

Monday, 6pm, VP

Wednesday, 1pm, VP

### Hand & Foot

Tuesday & Friday, 1pm, VP

Daily, 6pm, VP

### Ping Pong

Monday, 12:30-2:30pm, VP

Wed & Sat, 1-3pm, VP

Thursday, 2-4pm, VP

### San Francisco Rummy

Monday, 3pm, VP

### Scrabble

Monday, 1pm, CL

### Wii Bowling (open)

Saturday, 9am, VP

## FITNESS

### Arthritic Women's Water Exercise

Mon, Wed & Fri, 1-3pm, IP

### Assisted Swimming

Tuesday, 10-11am, IP

Thursday, 11am-12pm, IP

### Fit & Fab Exercise Class

Mon, Wed & Fri, 9-9:45am, MC

### Lap Swimming Only

Mon-Fri, 9-10am, IP

### Line Dancing

Tues, 9am & Thurs, 10:am, MC

### Men's Open Swim

Tues & Thurs, 1-3pm, IP

### Open Swim

Mon, 10am-1pm & 3-5pm

Wed, Fri, 10am-1pm & 3-8pm

Tues, 12-12:45pm & 3-8pm

Thurs, 12-12:45pm & 3-5pm

Sat. & Sun. 8am-8pm

### Performance Center

Mon-Fri, 8am-5pm

Sat. 10am-2pm

### Soft-n-Slow Latin Dance

Thursday, 9-9:45am, MC

### Women's Water Exercise

Mon-Fri, 8-8:50am, IP

Mon & Thurs, 5-6pm, IP

### Work Out Machines

Sunday-Saturday, all day, PC

### Yoga

Tues & Thurs, 1-2pm, MC

## QUICK DIAL

### Activities Department:

623.847.3009

### Chaplain:

623.847.3115

### Concierge:

623.847.3058

### Glencroft @ Home

623.847.3086

### Resident Services:

623.847.3084

### Security:

602.768.1659 / 6578

### Spiritual Life:

623.847.3066