



Grab a *Cruise Week* booklet at the **Activities Reception**, if you don't already have one. *Cruise Week* is **Monday-Friday, September 23-27**. There are too many great events to list them all here. Get on board and have a great time. Events kick-off **Monday, September 23rd** at **9:00am** in the **Auditorium** with a free breakfast.

During *Cruise Week* the regularly scheduled groups and games that occur in the **Villa Ponderosa** are canceled due to the events occurring there. This includes *Bingo* on **Saturday, September 28th**.

TACO DAY

On **Thursday, October 3rd** at **12:00pm** go to the **Activities Center** for a free taco!

HYMN SING

If you enjoy blending your voice with others while singing hymns, or listening to hymns, plan to attend the *Hymn Sing* on **Thursday, October 3rd** at **2:00pm** in the **Auditorium**.

CELEBRATION

Go to the **Towers Dining Room** on **Tuesday, October 1st** at **2:00pm** to celebrate September and October birthdays and anniversaries. Everyone is invited to come and enjoy birthday cake and musical entertainment.

TRAIN RIDE

On **Wednesday, October 16th**, join a group heading to **Clarkdale, AZ** to ride the **Verde Canyon Railroad**. The cost is \$65. Bring money for lunch at the **Boat House Bar & Grill**. Register and pay now at the **Activities Reception**.

GLENCROFT VOLUNTEERS

There will be a mandatory meeting on **Monday, October 21st** at **10:00am** in the **Auditorium**. Volunteers will be given updated information and your picture will be taken for the new volunteer badges. Please bring your current badge to the meeting.



FRIDAY ENTERTAINMENT

Don't miss the *Hawaiian Luau* on **Friday, September 27th**, at **6:00pm** at the **Towers' Amphitheater**. Your \$8 ticket includes a delicious meal and a performance by the *Royal Islanders*. Purchase tickets at the **Activities Reception**.

On **Friday, October 4th**, *T.A. Burrows* is back performing *Legends of Song*, a tribute to nine great American singers, in the **Auditorium** at **6:00pm**.

RED HAT GROUP

Women, grab your red hat and join this new group on the last Friday of each month at **2:30pm** in the **Crossings Lounge**. Their first meeting is on **September 27th**.

PINEWOOD DERBY

Pinewood Derby is coming! Purchase your ticket (\$5) for this fun event on **Friday, October 11th**, at **5:00pm** at the **Main Parking Lot**. Enjoy a car show, Smoked Pork Butt Sandwiches and the Pinewood Derby race! Get your ticket and free car kit at the **Activities Reception** now and start building. Spectators are welcome. You don't have build a car to enjoy this event.

FLU SHOTS

Independent Living Residents: flu shots will be available on **Tuesday morning, October 1st**.

Fill out a Walgreens' form and schedule a time at **Resident Services**. Limited spaces are available. The deadline to register is **Thursday, September 26th**.



SATURDAY 21

8am-8pm *Open Swim: IP*

SUNDAY 22

8am-8pm *Open Swim: IP*
9am Sunday School: UR
9am Catholic Service & Communion: T2S
9:30am Bus: Our Lady of Perpetual Help Catholic Church
10am Community of Faith Worship Service: AUD
2pm Worship Service: PDR

MONDAY 23

8am *Women's Water Ex: IP*
9am *Cruise Kick Off: AUD*
9am *Lap Swimming: IP*
9am Fit & Fab Exercise: MC
10am Praying the Rosary: PSMC
10am-1pm *Open Swim: IP*
1pm *Arthritic Women's Water Exercise: IP*
1pm *Flamingo Bingo: AUD*
1pm Scrabble: CL
3-5pm *Open Swim: IP*
5pm *Captain's Dinner: \$* AUD*
5pm *Women's Water Ex: IP*
6pm Mexican Train Dominoes: T2S

TUESDAY 24

8am *Women's Water Ex: IP*
8:30am *Saguaro Lake: \$**
9am *Lap Swimming: IP*
9am Zoeflow: MC
9:30am Bible Study: PSMC
10am *Assisted Swim: IP*
12-12:45pm *Open Swim: IP*
1pm Yoga: MC
1pm *Men's Open Swim: IP*
2pm Bridge: CL
3-8pm *Open Swim: IP*
3:30pm Bible Study: TCD
5pm Mexican Train Dominoes: CL

Cruise Week: Check the Cruise Week Book for a full list

SATURDAY 28

8am-8pm *Open Swim: IP*
12:30 Bingo: CANCELED

SUNDAY 29

8am-8pm *Open Swim: IP*
9am Sunday School: UR
9am Catholic Service & Communion: T2S
9:30am Bus: Our Lady of Perpetual Help Catholic Church
10am Community of Faith Worship Service: AUD
2pm Worship Service: PDR

MONDAY 30

8am *Women's Water Ex: IP*
9am *Lap Swimming: IP*
9am Fit & Fab Exercise: MC
10am Praying the Rosary: PSMC
10am-1pm *Open Swim: IP*
12:30-2:30pm Ping Pong: VP
1pm *Arthritic Women's Water Exercise: IP*
1pm Pinochle: VP
1pm Scrabble: CL
1:15pm Bunco: VP
3pm San Francisco Rummy: VP
3-5pm *Open Swim: IP*
5pm *Women's Water Ex: IP*
6pm Mexican Train Dominoes: T2S
6pm Hand & Foot: VP
6pm 5 Crowns: VP

TUESDAY 1

8am *Women's Water Ex: IP*
9am *Lap Swimming: IP*
9am Zoeflow: MC
9:30am Bible Study: PSMC
10am *Assisted Swim: IP*
12-12:45pm *Open Swim: IP*
1pm *Resident Reps: CL*
1pm Yoga: MC
1pm Hand & Foot: VP
1pm *Men's Open Swim: IP*
2pm *GCA Birthday/ Anniversary Party: TDR*
2pm Bridge: CL
3-8pm *Open Swim: IP*
3:30pm Bible Study: TCD
5pm Mexican Train Dominoes: CL
6pm Hand & Foot: VP

LOCATIONS:

AUD Auditorium
CL Crossings Lounge
CR Crossings Craft Room

HC Henry's Café
IP Indoor Pool
MC Movement Center
PC Performance Center

PDR Providence Dining Room
PSMC Prov. Skinner Memorial Chapel
QR Quilt Room
RS Resident Services

WEDNESDAY 25

8am *Women's Water Ex: IP*
 9am *Lap Swimming: IP*
 9am *Fit & Fab Exercise: MC*
 9-11am *Craft & Ceramics: CR*
 10am *10/40 Prayer Group: CL*
 10am-1pm *Open Swim: IP*
 1pm *Race @ Pirates Cove: AUD*
 1-5pm *Ascent Audiology: WC*
 1pm *Arthritic Women's Water Exercise: IP*
 3-8pm *Open Swim: IP*
 5pm *Battle @ Barnacle Bay Dinner Theater: \$* AUD*

THURSDAY 26

8am *Women's Water Ex: IP*
 9am *Lap Swimming: IP*
 9am *Let's Dance: MC*
 11am *Assisted Swim: IP*
 12-12:45pm *Open Swim: IP*
 1pm *Methodists & Friends: T2S*
 1pm *Yoga: MC*
 1-3pm *Mat Makers: CL*
 1pm *Men's Open Swim: IP*
 2-4pm *Casino/Happy Hour: VP*
 2:30pm *Alzheimer's Support: SP*
 3-5pm *Open Swim: IP*
 5pm *Women's Water Ex: IP*
 5pm *Mexican Train: CL*

FRIDAY 27

8am *Women's Water Ex: IP*
 8am *Wood Carvers: CR*
 9am *Lap Swimming: IP*
 10am *Glencroft Writing Club: CL*
 10am-1pm *Open Swim: IP*
 10a-2p *Glencroft Quilters: QR*
 1pm *Arthritic Women's Water Exercise: IP*
 1pm *Needle Crafters: CL*
 3-8pm *Open Swim: IP*
 6pm *Hawaiian Luau: \$* TP*

Listing of lunch specials, entertainment, tournaments, movies, photo booth times etc.

WEDNESDAY 2

8am *Women's Water Ex: IP*
 9am *Lap Swimming: IP*
 9-11am *Craft & Ceramics: CR*
 10am *10/40 Prayer Group: CL*
 10am-1pm *Open Swim: IP*
 1-3pm *Ping Pong: VP*
 1-5pm *Ascent Audiology: WC*
 1pm *Arthritic Women's Water Exercise: IP*
 1pm *5 Crowns: VP*
 3-8pm *Open Swim: IP*
 6pm *Movie & Popcorn: AUD*
 6pm *Hand & Foot: VP*

THURSDAY 3

8am *Women's Water Ex: IP*
 9am *Lap Swimming: IP*
 9am *Painting Club: CL*
 12pm *Taco Day: VP*
 12-12:45pm *Open Swim: IP*
 1pm *Methodists & Friends: T2S*
 1-3pm *Mat Makers: CL*
 1pm *Yoga: MC*
 1pm *Men's Open Swim: IP*
 2pm *Hymn Sing: AUD*
 2pm *Checkers: VP*
 2-4pm *Ping Pong: VP*
 2:30pm *Alzheimer's Support: SP*
 3-5pm *Open Swim: IP*
 5pm *Women's Water Ex: IP*
 5pm *Mexican Train: CL*
 6pm *Hand & Foot: VP*

FRIDAY 4

8am *Women's Water Ex: IP*
 8am *Wood Carvers: CR*
 9am *Lap Swimming: IP*
 10am *Glencroft Writing Club: CL*
 10am-1pm *Open Swim: IP*
 10am *Sign Language: VP*
 10a-2p *Glencroft Quilters: QR*
 1pm *Arthritic Women's Water Exercise: IP*
 1pm *Hand & Foot: VP*
 1pm *Needle Crafters: CL*
 3-8pm *Open Swim: IP*
 6pm *T.A. Burrows: AUD*

SP Sarah's Place
 T2S Towers 2nd Floor South
 TCD Towers Coyote Den
 TDR Towers Dining Room

TP Towers Patio
 UR University Room
 VP Villa Ponderosa
 WC Wellness Center

KEY: * Reservations Required
 \$ Cost Involved

SPIRITUAL LIFE

Bible Study

Tuesday, 9:30am, PSMC

Bus to: Our Lady of Perpetual Help
Sunday, 9:30am

Catholic Service (TV) & Communion
Sunday, 9-10am, T2S

Catholic Mass

1st Wednesday, 10am, PSMC

Community of Faith Worship
Sunday, 10-11am, AUD

10/40 Prayer Group
Wednesday, 10am, CL

Methodists & Friends
Thursday, 1pm, T2S

Praying the Rosary
Monday, 10am, PSMC

Sunday School
Sunday, 9-9:45am, UR

Towers Prayer & Bible Study
Tuesday, 3:30pm, TCD

Worship Service
Sunday, 2pm, PDR



CERAMICS

Mon & Wed, 9:00-11:00am, CR

Daily: 623.873.2211 Villas glass case

MARKETPLACE

Groceries and toiletries

Mon-Thurs 8am-4pm, Fri 9am-2pm, Sat 10am-2pm Villa

THRIFT SHOP

Gently used clothing, shoes, linens, kitchen items, small electronics, crafts, jewelry. Mon, Wed & Fri, 9am-3pm VP

TULIP PATCH

Cards, candy, flowers, & gift items for men, women and children. Mon-Fri, 9:30am -3:30pm, Saturday, 11am-2pm, PL

Glencroft Center for Modern Aging
8611 N. 67th Avenue
Glendale, AZ 85302
Glencroftliving.com

ARTS

Ceramics & Crafts

Wednesday, 9-11am, CR

Ceramics Only

2nd Thursday, 1-3pm, CR

Mat Makers

1st, 2nd, 4th & 5th Thursdays, 1-3pm,

Glencroft Quilters

1st, 3rd & 4th Fridays, 10am-2pm, QR

Needle Crafters

Friday, 1pm, CL

Painting Club

1st, 4th Thursday, 9am, CL

Sunset Quilters

2nd Tuesday, 2-8pm, QR

Wood Carvers

Friday, 8-11am, CR

Glencroft Writing Club

Friday, 10am, CL

GAMES

Bingo \$ (3 cards for \$1)
2nd & 4th Saturdays, 12:30, VP

Bridge

Tuesday, 2pm, CL

Bunco

Monday, 1:15pm, VP

Checkers

Thursday, 2pm, VP

Dominoes (Mexican Train)

Monday, 6:00pm, T2S

Tuesday & Thursday, 5pm, CL

Five Crowns

Monday, 6pm, VP

Wednesday, 1pm, VP

Hand & Foot

Tuesday & Friday, 1pm, VP

Daily, 6pm, VP

Ping Pong

Monday, 12:30-2:30pm, VP

Wed & Sat, 1-3pm, VP

Thursday, 2-4pm, VP

Pinochle

Monday, 1-3pm, VP

1st & 3rd Saturdays, 1-3pm, VP

San Francisco Rummy

Monday, 3pm, VP

Scrabble

Monday, 1pm, CL

Wii Bowling (open)

Saturday, 9am, VP

FITNESS

Arthritic Women's Water Exercise

Mon, Wed & Fri, 1-2pm, IP

Assisted Swimming

Tuesday, 10-11am, IP

Thursday, 11am-12pm, IP

Fit & Fab Exercise Class

Mon, Wed & Fri, 9-9:45am, MC

Lap Swimming Only

Mon-Fri, 9-10am, IP

Let's Dance

Thursday, 9am, MC

Men's Open Swim

Tues & Thurs, 1-3pm, IP

Open Swim

Mon, 10am-1pm & 3-5pm

Wed, Fri, 10am-1pm & 3-8pm

Tues, 12-12:45pm & 3-8pm

Thurs, 12-12:45pm & 3-5pm

Sat & Sun 8am-8pm

Performance Center

Mon-Fri, 8am-4:30pm

Saturday 10am-2pm

Women's Water Exercise

Mon-Fri, 8-8:50am, IP

Mon & Thurs, 5-6pm, IP

Yoga

Tues & Thurs, 1-2pm, MC

Zoeflow

Tuesday, 9am, MC

QUICK DIAL

Activities Department:

623.847.3009

Beauty Shop:

623.915.6678

Chaplain:

623.847.3115

Concierge:

623.847.3058

Glencroft @ Home

623.847.3086

Resident Services:

623.847.3084

Security:

602.768.1659 / 6578

Spiritual Life:

623.847.3066