



MOTHER'S DAY

There will be a special *Mother's Day Menu* served at **Henry's** and the **Towers** on **Sunday, May 12th**, from **11:00am-2:00pm**. The price is \$12 and reservations are recommended for parties of six or more. The menu is: a garden salad, prime rib, au gratin potatoes, asparagus with roasted cherry tomatoes and chocolate lava cake. **Towers** and **Providence Place** will also be serving a delicious meal that is part of the meal plan.



BUILDING BETTER HEALTH HABITS

ZoeLife alumni (Beta Testers Phase 1 and 2) – It's time to take the exercise and nutrition information that you learned in the first phase of *ZoeLife* and make it habitual. Join Barb Cunningham RDN in a 6-week journey to building better health habits. Check with Steve, Barb or Arlene for further details and to sign up.

GLENCROFT COMMUNITY ASSOCIATION

Plan to attend the *Glencroft Community Association (GCA) Community Meeting* on **Monday, May 6th** at **3:30pm** in the **Auditorium**. This will be the last monthly meeting until **September 9th**. Please plan to attend.



MAY LECTURE SERIES

Glencroft University lectures are for everyone! You can check the May schedule and register for lectures in the Performance Center. Spaces are limited. All lectures will be held in the **University Room**, downstairs of the Auditorium.

NEW ALPHA GROUP

An 8-week session of *ALPHA* will begin on **Sunday, May 19th**, from **4:00-5:30pm** in the **Auditorium**. Dessert will be served as the question, "Why on earth am I still here?" is discussed. Reservations are required as space is limited. Stop by Ct. 6-43 or call 623.847.3066.

FRIDAY ENTERTAINMENT

On **Friday, May 10th**, *April Yeager* will be singing at **6:00pm** in the **Auditorium**. April performs songs from the 1920's - 1970's, featuring top hits you haven't heard in years!

Don't miss the *Resident Talent Show* on **Friday, May 17th** at **6:00pm** in the **Auditorium**. It's not too late to sign up to perform in the *Resident Talent Show*. Perform alone or gather a group of friends or family to join you. All acts are welcome. Sign up by **May 13th** at the Activities Reception.

MOVIE WEDNESDAY

The 1957 drama, *Bridge on the River Kwai*, will show on **May 8th**.



On **May 15th**, the movie *E.T. the Extra Terrestrial* will be shown. Wednesday movies start at **6:00pm** in the **Auditorium**.

SERENE MOBILITY

If your walker, scooter or wheelchair is having an issue, go to the **Auditorium** on **Wednesday, May 8th** from **10:00am-12:00pm** for Jeff to look it over for you. No appointments, first come/first served.

SATURDAY 4

8am-8pm *Open Swim: IP*
9:00am *Wii Bowling - Open Bowling: VP*
1-3pm *Ping Pong: VP*
6:00pm *Hand & Foot: VP*

EASTER SUNDAY 5

8am-8pm *Open Swim: IP*
9:00am *Sunday School: UR*
9:00am *Catholic Service & Communion: T2S*
9:30am *Bus: Our Lady of Perpetual Help Catholic Church*
10:00am *Community of Faith Worship Service: AUD*
2:00pm *Worship Service: PDR*
6:00pm *Hand & Foot: VP*

SATURDAY 11

8am-8pm *Open Swim: IP*
9:00am *Wii Bowling - Open Bowling: VP*
12:30pm *Bingo: VP*
1-3pm *Ping Pong: VP*
6:00pm *Hand & Foot: VP*

SUNDAY 12

8am-8pm *Open Swim: IP*
9:00am *Sunday School: UR*
9:00am *Catholic Service & Communion: T2S*
9:30am *Bus: Our Lady of Perpetual Help Catholic Church*
10:00am *Community of Faith Worship Service: AUD*
2:00pm *Worship Service: PDR*
6:00pm *Hand & Foot: VP*

MONDAY 6

8:00am *Women's Water Ex: IP*
9:00am *Lap Swimming: IP*
9:00am *Fit & Fab Exercise: VP*
10:00am *Praying the Rosary: PSMC*
10:00am *Cribbage: VP*
10am-1pm *Open Swim: IP*
12:30-2:30pm *Ping Pong: VP*
1:00pm *Arthritic Women's Water Exercise: IP*
1:00pm *Scrabble: CL*
1:15pm *Bunco: VP*
3pm *San Francisco Rummy: VP*
3-5pm *Open Swim: IP*
3:30pm *GCA Community Mtg: AUD*
5:00pm *Women's Water Ex: IP*
6:00pm *Mexican Train Dominoes: T2S*
6:00pm *Hand & Foot: VP*
6:00pm *5 Crowns: VP*

MONDAY 13

8:00am *Women's Water Ex: IP*
9:00am *Lap Swimming: IP*
9:00am *Fit & Fab Exercise: VP*
10:00am *Praying the Rosary: PSMC*
10:00am *Cribbage: VP*
10am-1pm *Open Swim: IP*
12:30-2:30pm *Ping Pong: VP*
1:00pm *Arthritic Women's Water Exercise: IP*
1:00pm *Scrabble: CL*
1:15pm *Bunco: VP*
2:00pm *Apple Pie Day: VP*
3pm *San Francisco Rummy: VP*
3-5pm *Open Swim: IP*
3:00pm *Glencroft Singers*
5:00pm *Women's Water Ex: IP*
6:00pm *Mexican Train Dominoes: T2S*
6:00pm *Hand & Foot: VP*

TUESDAY 7

8:00am *Women's Water Ex: IP*
9:00am *Lap Swimming: IP*
9:00am *Line Dancing: VP*
9:30am *Bible Study: PSMC*
10:00am *Assisted Swim: IP*
12:00-12:45pm *Open Swim: IP*
1:00pm *Yoga: VP*
1:00pm *Hand & Foot: VP*
1:00pm *Men's Open Swim: IP*
1:00pm *Resident Reps: CL*
2:00pm *Bridge: CL*
3-8pm *Open Swim: IP*
3:30pm *Bible Study: TCD*
5:00pm *Mexican Train Dominoes: CL*
6:00pm *Hand & Foot: VP*

TUESDAY 14

8:00am *Women's Water Ex: IP*
9:00am *Lap Swimming: IP*
9:00am *Line Dancing: VP*
9:30am *Bible Study: PSMC*
10:00am *Assisted Swim: IP*
12:00-12:45pm *Open Swim: IP*
1:00pm *Yoga: VP*
1:00pm *Hand & Foot: VP*
1:00pm *Men's Open Swim: IP*
2:00pm *Bridge: CL*
2-8pm *Sunset Quilters: QR*
3-8pm *Open Swim: IP*
3:30pm *Bible Study: TCD*
5:00pm *Mexican Train Dominoes: CL*
6:00pm *Hand & Foot: VP*

LOCATIONS:

AUD Auditorium
CL Crossings Lounge
CR Crossings Craft Room

HC Henry's Café

IP Indoor Pool
PC Performance Center
PDR Providence Dining Room

PSMC Prov. Skinner Memorial Chapel
QR Quilt Room
RS Resident Services
SP Sarah's Place

WEDNESDAY 8

8:00am *Women's Water Ex: IP*
9:00am *Lap Swimming: IP*
9:00am *Fit & Fab Exercise: VP*
9:00am *Craft & Ceramics: CR*
10am *10/40 Prayer Group: CL*
10am-12pm *Serene Mobility: AUD*
10am-1pm *Open Swim: IP*
1-3pm *Ping Pong: VP*
1-5pm *Ascent Audiology: WC*
1:00pm *Arthritic Women's Water Exercise: IP*
1:00pm *Rummikub: T2S*
1:00pm *5 Crowns: VP*
3-8pm *Open Swim: IP*
6:00pm *Movie: Bridge on the River Kwai: AUD*
6:00pm *Hand & Foot: VP*

THURSDAY 9

8:00am *Women's Water Ex: IP*
9:00am *Lap Swimming: IP*
9:00am *Slow Latin Dance: VP*
10:00am *Keystone Klub: CL*
10:00am *Line Dancing: VP*
11:00am *Assisted Swim: IP*
12:00-12:45pm *Open Swim: IP*
1:00pm *Methodists & Friends: T2S*
1-3pm *Ceramics Only: CR*
1-3pm *Mat Makers: CL*
1:00pm *Yoga: VP*
1:00pm *Men's Open Swim: IP*
2:00pm *Checkers: VP*
2-4pm *Ping Pong: VP*
2:30pm *Alzheimer's Support: SP*
3-5pm *Open Swim: IP*
5:00pm *Women's Water Ex: IP*
5:00pm *Mexican Train: CL*
6:00pm *Hand & Foot: VP*

FRIDAY 10

8:00am *Women's Water Ex: IP*
8:00am *Wood Carvers: CR*
9:00am *Lap Swimming: IP*
9:00am *Fit & Fab Exercise: VP*
10:00am *Twigger Writing Club: CL*
10am-1pm *Open Swim: IP*
10a-2p *Glencroft Quilters: QR*
10:00am *Cribbage: VP*
10:00am *Sign Language: VP*
1:00pm *Arthritic Women's Water Exercise: IP*
1:00pm *Hand & Foot: VP*
1:00pm *Needle Crafters: CL*
3-8pm *Open Swim: IP*
6:00pm *April Yeager: AUD*
6:00pm *Hand & Foot: VP*

WEDNESDAY 15

8:00am *Women's Water Ex: IP*
9:00am *Lap Swimming: IP*
9:00am *Fit & Fab Exercise: VP*
9:00am *Craft & Ceramics: CR*
10am *10/40 Prayer Group: CL*
10am-1pm *Open Swim: IP*
1-3pm *Ping Pong: VP*
1-5pm *Ascent Audiology: WC*
1:00pm *Arthritic Women's Water Exercise: IP*
1:00pm *Rummikub: T2S*
1:00pm *5 Crowns: VP*
3-8pm *Open Swim: IP*
6:00pm *Movie: E.T. the Extra Terrestrial: AUD*
6:00pm *Hand & Foot: VP*

THURSDAY 16

8:00am *Women's Water Ex: IP*
9:00am *Lap Swimming: IP*
9:00am *Slow Latin Dance: VP*
10:00am *Line Dancing: VP*
11:00am *Assisted Swim: IP*
12:00-12:45pm *Open Swim: IP*
1:00pm *Methodists & Friends: T2S*
1-3pm *Mat Makers: CL*
1:00pm *Yoga: VP*
1:00pm *Men's Open Swim: IP*
2:00pm *Checkers: VP*
2-4pm *Ping Pong: VP*
2:30pm *Alzheimer's Support: SP*
3-5pm *Open Swim: IP*
5:00pm *Women's Water Ex: IP*
5:00pm *Mexican Train Dominoes: CL*
6:00pm *Hand & Foot: VP*

FRIDAY 17

8:00am *Women's Water Ex: IP*
8:00am *Wood Carvers: CR*
9:00am *Lap Swimming: IP*
9:00am *Fit & Fab Exercise: VP*
10:00am *Twigger Writing Club: CL*
10am-1pm *Open Swim: IP*
10:00am *Cribbage: VP*
10:00am *Sign Language: VP*
10am-2pm *Quilters: QR*
1:00pm *Arthritic Women's Water Exercise: IP*
1:00pm *Hand & Foot: VP*
1:00pm *Needle Crafters: CL*
3-8pm *Open Swim: IP*
6:00pm *Resident Talent Show: AUD*
6:00pm *Hand & Foot: VP*

T2S Towers 2nd Floor South
TCD Towers Coyote Den
TDR Towers Dining Room
TP Towers Patio

UR University Room
VP Villa Ponderosa
WC Wellness Center

KEY: * Reservations Required
\$ Cost Involved

SPIRITUAL LIFE

Bible Study

Tuesday, 9:30am, PSMC

Bus to: Our Lady of Perpetual Help
Sunday, 9:30am

Catholic Service (TV) & Communion
Sunday, 9:00-10:00am, T2S

Catholic Mass

1st Wednesday, 10:00am, PSMC

Community of Faith Worship
Sunday, 10:00-11:00am, AUD

10/40 Prayer Group

Wednesday, 10:00am, CL

Methodists & Friends

Thursday, 1:00pm, T2S

Praying the Rosary

Monday, 10:00am, PSMC

Sunday School

Sunday, 9:00-9:45am, UR

Towers Prayer & Bible Study

Tuesday, 3:30pm, TCD

Worship Service

Sunday, 2:00pm, PDR



CERAMICS

Wed, 9:00-11:00am, Craft Room

Daily: 623.873.2211 Villas glass case

MARKETPLACE

Groceries and toiletries

Mon-Thurs 8am-4pm, Fri 9am-

2pm, Sat 10am-2pm Villa

THRIFT SHOP

Gently used clothing, shoes, linens, kitchen items, small electronics, crafts, jewelry. Mon, Wed & Fri, 9am-3pm VP

TULIP PATCH

Cards, candy, flowers, & gift items for men, women and children. Mon-Fri, 9:30am -3:30pm, Saturday, 11:00am-2:00pm, PL

Glencroft Center for Modern Aging
8611 N. 67th Avenue
Glendale, AZ 85302
Glencroftliving.com

ARTS

Ceramics & Crafts

Wednesday, 9:00-11:00am, CR

Ceramics Only

2nd Thursday, 1:00-3:00pm, CR

Mat Makers

1st, 2nd & 4th Thursdays, 1-3pm, CL

Glencroft Quilters

1st, 3rd & 4th Fridays, 10am-2pm, QR

Needle Crafters

Friday, 1:00pm, CL

Painting Club

1st, 4th Thursday, 9:00am, CL

Sunset Quilters

2nd Tuesday, 2-8pm, QR

Wood Carvers

Friday, 8:00-11:00am, CR

Twigger Writing Club

Friday, 10:00am, CL

GAMES

Bingo \$ (3 cards for \$1)

2nd & 4th Saturdays, 12:30, VP

Bridge

Tuesday, 2:00pm, CL

Bunco

Monday, 1:15pm, VP

Checkers

Thursday, 2:00pm, VP

Cribbage

Monday & Friday, 10:00am, VP

Dominoes (Mexican Train)

Monday, 6:00pm, T2S

Tuesday & Thursday, 5:00pm, CL

Five Crowns

Monday, 6:00pm, VP

Wednesday, 1:00pm, VP

Hand & Foot

Tuesday & Friday, 1:00pm, VP

Daily, 6:00pm, VP

Ping Pong

Monday, 12:30-2:30pm, VP

Wed & Sat, 1:00-3:00pm, VP

Thursday, 2:00-4:00pm, VP

Rummikub

Wednesday, 1:00pm, T2S

San Francisco Rummy

Monday, 3:00pm, VP

Scrabble

Monday, 1:00pm, CL

Wii Bowling (open)

Saturday, 9:00am, VP

FITNESS

Arthritic Women's Water Exercise

Mon, Wed & Fri, 1:00-3:00pm, IP

Assisted Swimming

Tuesday, 10:00-11:00am, IP

Thursday, 11:00am-12:00pm, IP

Fit & Fab Exercise Class

Mon, Wed & Fri, 9-9:45am, VP

Lap Swimming Only

Mon-Fri, 9:00-10:00am, IP

Line Dancing

Tues, 9:00am & Thurs, 10:00am, VP

Men's Open Swim

Tues & Thurs, 1:00-3:00pm, IP

Open Swim

Mon, 10am-1pm & 3-5pm

Wed, Fri, 10am-1pm & 3-8pm

Tues, 12-12:45pm & 3-8pm

Thurs, 12-12:45pm & 3-5pm

Sat. & Sun. 8:00am-8:00pm

Ping Pong

See Games on left

Soft-n-Slow Latin Dance

Thursday, 9:00-9:45am, VP

Women's Water Exercise

Mon-Fri, 8:00-8:50am, IP

Mon & Thurs, 5:00-6:00pm, IP

Work Out Machines

Sunday-Saturday, all day, PC

Yoga

Tues & Thurs, 1:00-2:00pm, VP

QUICK DIAL

Activities Department:

623.847.3009

Chaplain:

623.847.3115

Concierge:

623.847.3058

Glencroft @ Home

623.847.3086

Resident Services:

623.847.3084

Security:

602.768.1659

602.768.6578

Spiritual Life:

623.847.3066