

Library Opening

The Library will be re-opening on June 8th, in the Villa Ponderosa. Masks are required to be worn and there is a limit of 3 people at a time in the library.

Live Bingo

Tune into GTV4 to play *Live Bingo* on Mondays and Thursdays at 3PM. If you get a BINGO, call the number on the TV screen! Get a bingo card and a bingo ball at the Food Drive on Wednesday mornings, or call 623.847.3083.

Walking Paths

Pick up a *Trails Journal* at the Performance Center to track your miles. The marked campus walking paths are approximately $\frac{3}{4}$ of a mile. Look for the arrows. Please wear a mask and social distance.

Beat the summer heat by using the indoor walking path in the Movement Center. Open Mondays -Fridays, 8AM-3PM and Saturdays, 10AM-2PM. 37 laps equal 1 mile. Masks required.

Concierge

The Concierge's window is open Monday-Friday from 9-11AM. Call 623.847.3058 after hours.

Scavenger Hunt

Twelve staff are on the loose. Find where their 12" replicas are hidden. (They are all outside near common walkways.) Write down, on a guide sheet available at the Food Bank and in the Corporate office, the exact location of all twelve staff. Return the completed sheet to a basket in the Activities Center to be entered into a drawing for a prize.

Food Bank

Visit the Auditorium every Wednesday, from 8-9:30AM, to pick up items from the Food Bank. You can also get an assortment of activities items on a table before entering. Masks required. If you have questions, please call 623.512.4005.

Parkinson's Beta 2

On June 8th, a 6-week long Beta 2 group will be starting for individuals with Parkinson's. Ask about registering at the Performance Center or call Steve Heller at 623.847.3120.

Alterations

Mary Jo will be back in the Activities Center on June 23rd, 10-11AM, offering alterations and sewing. She will return every second and fourth Tuesday. We appreciate Mary Jo! She sewed and donated more than 100 face masks to Glencroft.

Thrift Shop

Come to the *Thrift Store Garage Sale* on June 18th & 19th from 9AM-2PM in the Activities Center. Wear a mask.

The Thrift Shop will be opening on Tuesday, June, 23rd. The new schedule is Tuesdays & Thursdays, 9AM-3PM. Everyone must wear a mask, "Cover the smile & stay awhile".

No layaways, no returns and no trying on clothing. They are NOT accepting donations this summer.

In Home Hair Care

Women, call for a beautician to come do your hair in your home. Glencroft Beauticians, Rose Zimmerman (602.696.2362) and Doreen Erickson (602.380.5988) or Mobile Hair Stylist, Judy Koehn (602.578.6631).

Men may call Glencroft Barber, Ken McCormick (623.262.1298) and he will come to your home on a Thursday morning.

Performance Center

The Performance Center has added hours: Mondays -Fridays, 8AM-3PM and Saturdays, 10AM-2PM. There is a limit of 10 people, which includes staff, in the Performance Center at one time. Masks are required. (They have extras if you do not own one.)

Make an appointment to have a free assesment, to measure your balance, strength and flexibility. Steve Heller wants to get a baseline measurement on as many residents as possible so he can help by developing a customized game plan to work on individual's deficiencies. Call 623.930.5697 to make your appointment.

Dining Services

Towers Dining is taking a very limited number of reservations for dining-in during lunch for independent living residents. The majority of Dining Service is delivery only, until further notice.

Towers (no substitutions)

Delivery: 623.847.3055

Breakfast: 7-9AM

Lunch: 10:30AM-1PM

Dinner: starting at 4:30-6PM

- Daily main entrée with a side, dessert and drink

Bistro Place your order: 623.847.3085

- Open Monday - Friday, 7AM-3PM
- Limited menu

Henry's (no substitutions)

Call for delivery: 623.847.3111

Breakfast: 7-9AM

- 2 Scrambled Eggs, Hash Brown, 2 bacon strips
- Oatmeal
- Daily Special

Lunch: 10:30AM -1PM

- Daily Special with simple dessert
- Ham Chef Salad or Deluxe Burger with French fries

Dinner: 4-6PM

- Ham Chef Salad or Deluxe Burger with French fries
- Spaghetti & Meatballs, garlic bread & garden salad

Protect Yourself & Others from COVID-19

Continue to take precautions this summer. Here's some things to remember as we strive to keep Independent Living COVID free.

- Avoid touching your eyes, nose and mouth.
- Wash your hands frequently for 20 seconds using soap and water.
- Clean and disinfectant frequently touched objects and surfaces daily.
- Avoid contact with ill people. Stay home if you are sick.
- Social Distancing – remember, stay six feet apart. Do not meet in groups.
- Wear a face mask when you leave your home.
- Community Care Team - If you are not feeling well, have gone to the doctor, or recently released from the hospital, call 623.847.3084 to let them know. If needed, they will help you shelter in place.
- Consult the CDC website for the latest information: www.cdc.gov/coronavirus.

Check Cashing

Residents who need cash may visit the Corporate Accounting Office and write a check, payable to Glencroft, for up to \$50. (Third party checks are not acceptable.) The Accounting Office hours are Monday-Friday, from 8AM-12PM and 1-4PM.



8611 N. 67th Ave., Glendale, AZ 85302
623.939.9475 • glencroft.com

Ascent Audiology

Call 602.863.4203 to make an appointment with Ascent Audiology. They will see people in the Clinic, by the Performance Center, on Wednesday afternoons.

Walgreens Options

Prescriptions are no longer delivered to Glencroft. Walgreens offers a delivery service through FedEx. You can sign up on the Walgreens app with your phone. Call Walgreens for further information at 623.931.5169.

Glencroft will be offering more Walgreens trips throughout the week, book through transportation 623.847.3058.

Americare Home Care offers a medication pickup and delivery service. Call David Kafora at 623.203.3084 for more information.

QUICK DIAL

Activities: 623.847.3083

Bistro: 623.847.3085

Chaplain: 623.847.3115

Community Support Center (Resident Services)
623.847.3084 / 3006

Concierge: 623.847.3058

Corporate: 623.939.9475

Glencroft @ Home: 623.203.3084

Henry's: 623.847.3111

Security: 602.768.1659 / 6578

Spiritual Life: 623.847.3066

Towers Dining: 623.847.3055